



## What is Prayer?

It is important to speak to God in prayer. We can speak to him out loud or in our hearts. We can speak to him anywhere and tell him everything. It is helpful to know how other people pray and in the Bible we read many prayers. We can even use these prayers ourselves.

Jesus taught his disciples to pray and we can use that prayer to help us too. In our prayers we tell God that we love him, that we are sorry for what we have done wrong or for the things we have not done that we should have done.

We say thank you to God for all his goodness to us. We can ask him for things that are right and good.

**Spot This: Can you find the following pictures as you go through this book?**



## What do these Words Mean?

### **Adoration**

**Meaning: I love you God**

We are to pray prayers of worship that tell God that we love him.

### **Confession**

**Meaning: I'm sorry God**

We are to pray prayers of repentance that tell God we are sorry and that we want to turn away from sin.

### **Thanksgiving**

**Meaning: Thank you God**

We are to pray prayers of thanks that tell God we are thankful for all that he has done for us and for how wonderful he is.

# Supplication

## Meaning: Please God

We are to pray prayers of request that tell God what we need or want. He always answers prayer but sometimes he says “Yes,” sometimes he says “No,” and sometimes he says “Wait”.

